



A bit about Eden...

Eden have been delivering seasonal, stylish, and sustainable food to companies across Central London since 1993.

Through Eden we offer a range of menus featuring a fantastic mixture of vegetarian, vegan, meat and fish items. Our meat is free range and our fish sustainably sourced.

We change our menus every four months and rotate sandwich and buffet menus over a three-day cycle to ensure variety. Eden make virtually everything in-house including chutneys, dressings, pickles, and cakes. This insistence on homemade ensures our food is full of flavour, nutritional value, colour and interest.

For their sustainable efforts Eden have a 3-star rating, the highest possible, from the Sustainable Restaurant Association, positioning them as London's most sustainable caterer.



Tea & Coffee

Freshly brewed filter coffee and a selection of fine teas

Tea, Coffee & Luxury Biscuits

Freshly brewed filter coffee and a selection of fine teas, served with luxury wrapped biscuits

Tea, Coffee & Cake

Freshly brewed filter coffee and a selection of fine teas, served with a selection of home-made cake slices.

Tea, Coffee & Pastries

Freshly brewed filter coffee and a selection of fine teas, served with a selection of pastries

Juice

Orange and/or apple (please specify)

Bottled Water

Still and/or sparkling (please specify)



DMH Pastries

Minimum order of 3

A selection of current seasonal pastries x 1 per person

Fresh Fruit

Minimum order of 3

A selection of current seasonal cut fruit x 1 fruit salad pot per person

Fresh Fruit Platter

A selection of seasonal whole fruit on a platter, suitable for 10-12 people

Mini Bacon Roll Breakfast Platter

15 mini glazed brioche rolls with streaky bacon

Mini Mushroom Roll Breakfast Platter

15 mini glazed brioche rolls with butter fried button mushrooms, tomatoes and cheddar

Breakfast Savoury Platter

A selection of mini filled breakfast rolls & croissants to include smoked salmon & cream cheese mini bagels, emmenthal & ham mini croissant, emmenthal & salami cereal roll, brie & cranberry mini flutes. Suitable for 10-12 people



DMH Sandwich Bronze Lunch

Minimum order of 3

Sandwiches

A selection of current seasonal sandwiches x 1.25 round per person

Whole Fruit

x 1 per person

DMH Sandwich Silver Lunch

Minimum order of 3

Sandwiches

A selection of current seasonal sandwiches x 1.25 round per person

Crips

x 0.5 portion per person

Cut Fruit

x 1 mini pot per person

DMH Sandwich Lunch Gold

Minimum order of 3

Sandwiches

A selection of current seasonal sandwiches x 1 round per person Finger Buffet

A selection of current seasonal finger items x 2 items per person

Cut Fruit

x 1 mini pot per person



DMH Finger Buffet Bronze

Minimum order of 3

Sandwiches

A selection of current seasonal sandwiches x 1 round per person **Finger Buffet**

A selection of current seasonal finger items x 4 items per person **Cut Fruit**

x 1 mini pot per person

DMH Finger Buffet Silver

Minimum order of 3.

Sandwiches

A selection of current seasonal sandwiches x 1 round per person

Finger Buffet

A selection of current seasonal finger items x 4 items per person Cake

x 0.5 portion per person

Cut Fruit

x 1 mini pot per person

DMH Finger Buffet Gold

Minimum order of 3

Sandwiches

A selection of current seasonal sandwiches x 1 round per person

Finger Buffet

A selection of current seasonal finger items x 4 items per person Cheese

Selection of seasonal cheeses x 0.5 portion per person

Cake

x 0.5 portion per person

Cut Fruit

x 1 mini pot per person



DMH Meze Lunch

Minimum order of 6

A selection of eight different, seasonal salads all in one large bowl. Served with dressings and artisan rolls.

Whole Fruit x 1 per person

DMH Vegan Meze Lunch

Minimum order of 6

A selection of eight different vegan, seasonal salads all in one large bowl.

Served with dressings and artisan rolls.

Whole Fruit x 1 per person

DMH Vegetarian Meze Lunch

Minimum order of 6

A selection of eight different vegetarian, seasonal salads all in one large bowl. Served with dressings and artisan rolls.

Whole Fruit x 1 per person